Citizens Care

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The Chit Chat Staff

Editor, Jocelyn Silver,
Director of Activities

Additional Support,
Janet McDonald and
Nancy Bennett

# Chit Chat



Volume 74— Issue March 2025

Citizens! Harford Counties Shiny Pot of Gold, for Seniors in our area! First in the County and Seventh in the State! In Nursing Home Care.

\_An Irish Blessing\_\_\_

May there always be work for your hands to do.

May your purse always hold a coin or two.

May the sun always shine on your windowpane.

May a rainbow be certain to follow each

May the hand of a friend always be near you.

And, May God fill your heart with gladness to cheer you!

This Issue of the Chit Chat is just brimming full with Leprechauns



Can you find all of them? The answer is on the back page!



### Happy Birthday, March Residents



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1.Genevieve A.	3/3
2. Carolyn Y.	3/5
3. Albert G.	3/5
4. Sharon L.	3/8
5.Harry B.	3/10
6. Mary H.	3/11
7. Hattie K.	3/12
8. Ruth V.	3/14
9. Patrick C.	3/16
10. Harriet K.	3/18
11. Margaret D.	3/21
12. Harold A.	3/23
13. Connie B.	3/27
14. Thomas A.	3/31

### Staff March Birthdays

1. Irene V. Nursing	3/4	10. Tina W. Nursing 3/18
2. Luzviminda F. EVS	3/5	11. Denise R. Nursing 3/18
3. Anna H. Nursing	3/6	12. Kriska B. Nursing 3/19
4. Doris N. Nursing	3/11	13. Freda M. Nursing 3/20
5. Diana G. Admin.	3/13	14. Frances F. Nursing 3/27
6. Ella J. Nursing	3/13	15. Nancy A. Nursing 3/29
7. David H. Admin.	3/14	16. Geraldine N. Soc. 3/29
8. April B. Nursing	3/ 17	17. Myrna H. Laundry 3/31

### Staff March Anniversaries

1. Denise Q.	<b>Medical Records</b>	3/9	33yrs.
2. Janice S.	Nursing	3/25	33 yrs.
3. Arlene H.	Nursing	3/19	17 yrs.
4. Julie J.	Admin.	3/5	11 yrs.
5. Geraldine N.	<b>Social Services</b>	3/18	6 yrs.
6. Cristina D.	Dietary	3/3	2 yrs.
7. Julianne B.	Activities	3/7	2 yrs.
8. Hannah M.	Nursing	3/21	2 yrs.
9. Luzviminda F	. EVS	3/21	2 yrs.
10.Karla N	N. Nursing	3/12	1 yr.



#### **Pisces**

(February 19th to March 20th)

Pisces are friendly and selfless. They are always willing to help others.

Pisces are known for being compassionate, artistic, and empathetic.



#### Aries

(March 21 to April 20)

Aries are passionate, motivated and confident leaders. They are bundles of energy and enthusiasm



## Volunteer News





Thank you to our Bingo benefactors, Young at Heart who continue to provide us with a donation each month of bingo quarters for our residents.

To the following people for donations to the gift shop. Sharon E., Ed W., Theresa G., Irene V. P. and Mamie B.

Did You Know??? That the volunteer office has a Lions Club Collection box to donate your used eye glasses. Just drop them off in the box found in the Volunteer office.

#### **Volunteer Opportunities**

- 1. Telephone Assurance Program (T.A.P.) Program operates 7 days a week. We are seeking a volunteer for several days during the week to make calls from the volunteer office. You will be checking on the individuals in the program. Training is provided. The hours are one hour per day starting at 9am on chosen days.
- 2. Volunteers needed for Bingo. Monday afternoon to transport residents from their unit to the Chesapeake Room, wit with residents during the game and assist them. Hand out prizes to the winners. Help with putting the cards and chips away and help to transport the residents back to their units.
- 3. On Thursday evenings starting at 6:00 pm to assist the activities staff with resident bingo.
  - 4. Other volunteer opportunities are available: You can pick up a volunteer application packet at the security desk.

Interested applicants must provide a COVID vaccination card and background check is required to become a volunteer at Citizens Care and Rehabilitation Center.

Do you recognize any of these items. If they belong to you they are waiting for you in the volunteer office.

Lost and Found Items, See Janet McDonald





"WHEREVER THERE IS A HUMAN IN NEED, THERE IS AN OPPORTUNITY FOR

KINDNESS AND TO MAKE A DIFFERENCE"
Kevin Heath





### Staff News, Recognitions & Happenings

#### This Months Shining Stars!



Welcome Gina to the EVS crew. We are glad you are here.

Welcome Gail to the EVS team. We are glad vou are here.



Vaccination Clinic March 11th, 10:00 am to 2:00 pm Most vaccine types are available. Sign up, or ask any questions at the Nursing office.

### HdG Festival of Ice!

**CCRC Participated in HdG Ice Festival.** 

Below you see Citizens entry of a Camera with the appropriate saying "Always Focused on Our Residents" on the front of it. Ed W. and

Catherine K. had their picture proudly taken with it. The blue sign under CCRC's sculpture says "In Honor of Our Residents Who Are the **Heart of Our Center.**"











Healthcare Academy\*

Don't forget Staff, to work on your In-Services. This is very important that we get these done as quickly as possible.

Remember, simply washing your hands is the best defense from spreading germs. Hand sanitizer is good but not as good as a good ole hand washing.



Before you criticize someone, walk a mile in their shoes. That way, when you do criticize them, you're a mile away and you have their shoes.



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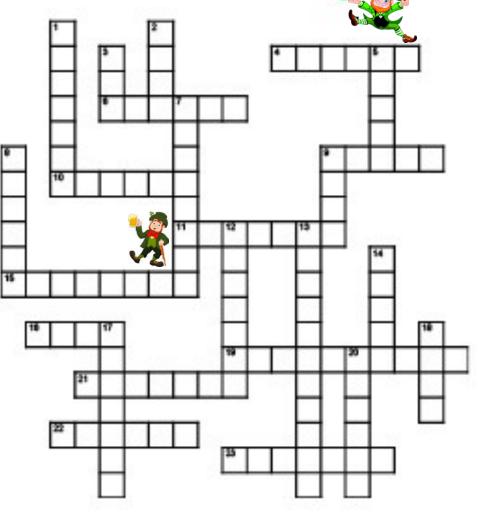
Saint Patrick's Day

#### ACROSS

- Historically important vegetable in Ireland.
- Native language of Ireland.
- 9. What color are the hills of Ireland?
- 10. The Irish flag is green, white
- 11. St. Patrick is the patron saint of which country?
- Used by St. Patrick to represent the Christian Holy Trinity.
- Number of leaves on a lucky piece of clover.
- A trickster with a pot of gold.
- 21. If you don't wear green on March 17th, you might get . . .
- 22. Capital city of Ireland.
- Saint Patrick's birthplace.

#### DOWN

- This city dyes its river green to celebrate St. Patrick's Day.
- 2. Color originally associated with St. Patrick's Day.
- 3. Name for the leprechaun's dance.
- 5. Number of leaves on a shamrock.
- A funny poem with five lines.
- According to legend, St. Patrick chased these out of Ireland.
- 9. It is the pot at the end of a rainbows
- Ireland nickname: The \_\_\_\_ Isle.
- Saint Patrick's Cathedral location.
- Month in which we celebrate Saint Patrick's Day.
- 17. Arch of colors in the sky.



18. Good fortune.

Ancient culture of Ireland.



Blue Leprechaun Rritain Limerick Celtic Luck March Chicago New York City Dublin **Emerald** Orange Four **Pinched** Gaelic Potato Gold Rainhow Green Shamrock Snakes Ireland Three Jig



### Karen's Korner February 2025







Hello residents and staff of CCRC.

There are quite a few holidays and special occasions that I will comment upon. One of these is Ash Wednesday, which is celebrated primarily by Catholics, Lutherans, Moravians, Anglicans and United Protestants. This holiday is observed with a Blessing and the sign of the Cross on your forehead in ashes. The Priest often says "Remember you are dust and to dust you shall return" when he administers the ashes. The ashes come from burning the palm fronds that were used and Blessed from Palm Sunday the year before.

The next holiday is one that I myself was not aware of. This is the holiday of Purim. Purim is a Jewish holiday and celebrates the deliverance of the Jews from imminent doom at the hands of their enemies in ancient Persia as told in the Book of Esther in the Old Testament of the Bible.

On the 17th of the month everyone turns Irish for St. Patrick's Day. I myself am truly half Irish and half German. My paternal Grandfather called my Grandmother "Mick" because she was 100 percent Irish. They called him Henry, although his name was really John, who knew the reason for that!

There are many St. Patrick's Day Parades especially in New York. In Chicago they even dye the river green in celebration of St. Patrick's Day.

Spring begins on the 20th of March and I know everyone will be happy to see the warmer weather. It will be a time to get outside again to enjoy the fresh air with walks to the different parks in Havre de Grace.

I hope you all enjoy your month of March and will see you here again in April.

Karen



### Ever Wonder What Lent Is?

Through the 3 pillars (rules) of Lent we journey to develop a closer relationship to God. The 40 days of Lent are filled with reflection, service and prayer. These are the 3 traditional rules of Lent. 1. Prayer. 2. Fasting. And 3. Almsgiving. Of course we all know that when we pray we become closer to God by speaking to him. When we Fast we are giving up something that we really enjoy in an attempt to show how much our relationship to God really means to us. We can't give up something that we really dislike because that would not be difficult at all. 3. Almsgiving

(Charity) is when we offer something to someone with no possibility of ever being repaid and not expecting any repayment. Lent is a time when Christians slow down their schedules or deny themselves some of life's

simple pleasures to make more space in their lives for God.





### Movie Line Up for March



#### March

Saturday 1st 4:00pm, THE FACE OF LOVE, consistently surprising, sexy and satisfying.

Sunday 2nd 4:00 pm, THE FALL GUY, a battle scarred stunt man fresh off an almost career ending accident.

3rd 6:30 pm, THE CROOKED HOUSE, an Agatha Christie twisted tale.

4th 6:30 pm, DARROW & DARROW, mother daughter lawyers fighting on different teams.

5th 6:30 pm, in the CR, 80 FOR BRADY, best friends get into the best kind of trouble.

7th 6:30 pm THE CHOICE, a heart lifting tale of how far we will go to keep love alive.

8th 4:00 pm EAT, PRAY, LOVE, a fascinating journey so full of delicious surprises.

9th 4:00 pm ADVENTURER, The Curse of the Midas Box, A young Hero an Ancient Evil. The Ultimate adventure!

10th 6:30 pm GARDEN STATE, Marvelous Fun...hilarious and heartfelt.

11th 6:30 pm GOD'S COUNTRY SONG, You can't chase a dream alone. A man's past catches up to him when he learns he has a five year old child. Will he do the right thing?

12th 6:30 pm EDIE, This is a career best turn from Sheila Hancock.

14th 6:30 pm ELLA ENCHANTED, A Fairy-Tale adventure for the Hero in all of us.

15th 4:00 pm BIG GEORGE FOREMAN, The story of the heavy weight champion.

16th 4:00 pm GENTLEMEN PREFER BLONDES, starring Jane Russell & Marilyn Monroe

17th 6:30 pm THE DEAD POETS SOCIETY, He was their inspiration he made their lives extraordinary.

18th 6:30 pm A CERTAIN JUSTICES, a mystery, as seen on public TV.

19th 6:30 pm in the CR, ABOUT MY FATHER, generations collide in this hysterical comedy.

21st 6:30 pm ACCIDENTAL LOVE, her perfect life is turned upside down when a freak accident leaves a nail lodged in her head causing erratic and (erotic) behavior.

22nd 4:00 pm FIREHOUSE DOG, touching, family-friendly entertainment.

23rd 4:00 pm AGATHA AND THE TRUTH OF MURDER, mystery, some people have a taste for murder.

24th 6:30 pm GLADIATOR, the general who became a slave, the slave who became a gladiator. The gladiator who defied an empire.

25th 6:30 pm BILL AND TED FACE THE MUSIC, the stakes are higher than ever for the time-traveling exploits of Bill and Ted.

26th 6:30 pm in the CR, FATHER OF THE BRIDE, The story of a father coming to grips with his daughter's upcoming wedding through the prism of multiple relationships within a big, sprawling Cuban-American family.

28th 6:30 pm DEVOTION, based on a true story, the heroic sacrifices and enduring friendship would ultimately make them the Navy's most celebrated wingman.

29th 4:00 pm Dear Evan Hansen, A musical Love Letter to all those who feel alone.

30th 4:00 pm 007 CASINO ROYALE, nobody does it like James Bond.

31st 6:30 pm BEFORE WE GO, a chance encounter between strangers sparks a life-changing nighttime adventure in New York City.





### Family Spaghetti Dinner



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#### Hello Family Members and Friends,

It is our pleasure to invite you for a fun evening with your loved one on March 21st. We will start our evening out at 4:00 pm with live entertainment and Mocktails. Then at 5:00 pm we will begin serving a spaghetti dinner. We are not using this as a fundraiser. The price is \$10.00 per person and children 7 and under eat for free. No more than 3 guests per resident. The Menu is as follows:

**Spaghetti with Meat Sauce** 

Fresh Garden Salad

**Garlic Bread** 

**Brownie for dessert** 

Iced and Hot Tea or Coffee as the beverage

Because we need to know how much food to prepare, <u>reservations are a must.</u> Please call Jocelyn Silver at 410-942-2126 to make your reservations no later than March 18th. We hope that you will take advantage of this special time with your loved ones. \*\*\*If your resident has special dietary needs, our kitchen will accommodate them.\*\*\*

We look forward to seeing you in the near future.













One more delicious bread and homemade soup activity on HV. The soup they enjoyed was Potato Cheddar with diced ham.



#### Celebrating a New Volunteer

Our newest volunteer should look very familiar to everyone. She is one of our very own security guards Ellen Street. Ellen comes to us on Wednesday to help volunteer for Baptist Believers. Thank you Ellen for your dedication to our residents.

#### **Board Members**

Patricia Scott-Badeker

Wendell G. Baxter

Jacob Bennett

John P. Correri, Jr.

Shobita DuBois

Carol Lienhard

Rodney Swam

Cathy Vincenti

Andrew Young

Kimberly Zavrotny

Administrator Ed Walter

Department Directors

Activities Jocelyn Silver, ADC

Director of Admissions Nancy Bennett

<u>Dietary</u> Darrick DeBoard Sr. CDM, CFPP

Environmental Services
And Laundry
Theresa Gebhardt

Facility Operations
Robert Watson

Human Resources Diana George

**Medical Director** 

H.S. Sim

Nursing Cassie Evering, RN

<u>Director of Business</u> <u>Operations</u> <u>Keith Streett</u>

Risk Management Renata Truant, RN

> Social Work Diane Bruso,

Volunteers / Public <u>Relations</u> Janet McDonald



# What Happened In February?



#### We had a lovely cocktail party with entertainment to celebrate Valentines Day



Decorations, hors d'oeuvres, Strawberry Daiquiris and Bobby Bassett Entertaining. What a great combination for a wonderful party.



Our Valentine Couple was Bill and Shirley G.





Mary M. was serenaded by Bobby with her favorite song "Meet Me With Your Black Drawers On"







We made American Goulash, Crusty French Rolls and topped it off with Homemade Apple Strudel and whipped cream. Mmm Mmm Yummy.

Look on your Calendar for the next Gourmet Galley. Everyone is welcome. It costs nothing, (except your smile)

This activity has been a favorite for years because we don't skimp on anything. If the recipe calls for salt or sugar that's what it gets. Come join the fun!

#### **Air Hockey at CCRC**

A New Program was introduced in February. There are so many ways to exercise and this is the newest activity program at Citizens. Linnie and Ruby were having a really good time. Look for it on the calendar in March. Other new games will be offered in the coming months, check the calendar.











### Citizens and Harford County Services



#### **Telephone Assurance Program**

(T.A.P.) is a free service provided by Citizens Care and Rehabilitation Center and a volunteer who makes the daily person to person telephone calls to individuals who live alone or have medical problems but wish to remain at home. A volunteer with T.A.P. checks on the well-being of the participant daily. T.A.P. operates seven days a week, 9:00 am-11:00 am. All information received by T.A.P. is kept confidential. If interested in this free service in Harford County contact Janet McDonald at 410-942-2112

#### Who is your Ombudsman???

The Harford County Ombudsman comes to Citizens when help is needed. She helps' work out any problems that you may have that you have told some one about but the problem is on going. If you need to get in touch with her, her name is <u>Sharon Miller</u> and she can be reached at the Office on Aging at 410-638-3025.



Citizens Care and
Rehabilitation
Center is on Facebook!





Keep up with all that is going on at Citizens by following our Facebook page.



Answer: 36 Leprechauns in this issue.

Day Light Savings Time
Begins on March 9th
turn your clocks



#### **Notice**

We wish to reaffirm our policy that all persons regardless of race,

color, religion, sex, national origin, disability, age, genetics, marital status or sexual orientation are considered for

### Silly March Jokes

- 1. How old are Leprechauns? Old enough to remember when Rainbows were in Black and White.
  - 2. How can you tell if an Irishman is having a good time? He's <u>Dublin</u> over with laughter.
    - 3. Why do Leprechauns hate running? Because they would rather Jig than Jog!