Citizens Care

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The Chit Chat Staff

Editor, Jocelyn Silver,
Director of Activities

Additional Support,
Janet McDonald and

# Chit Chat

Volume 72— Issue January 2025



January

Sparkling winter sunshine,

Faces all aglow

Making resolutions,

And angels in the snow 
Steaming cups of cocoa,

A year that's fresh and new...

All of this is magic—

Unfolding just for you.



#### Happy Birthday, January Residents



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1. Kenny C.	1/1
2. David F.	1/11
3. Thelma D.	1/13
4. Jean P.	1/15
5. Carolyn M.	1/15
6. Edward S.	1/22



#### Staff January Birthdays

1.	Julianne B.	Activities	1/1
2.	Fatima K.	Nursing	1/1
3.	Mary N.	Nursing	1/2
4.	Wanda L.	Nursing	1/2
5.	Irene T.	Nursing	1/3
6.	Brianna H.	Nursing	1/5
7.	Dora A.	Nursing	1/13
8.	Shanel G.	Nursing	1/13
9.	Hi S. Me	edical Dir.	1/14

# 10. Holly W. Nursing 1/16 11. Carla L. Education 1/16 12. Cindy A. Acct. Admin. 1/22 13. Kahayilia B. Nursing 1/22 14. Frances J. Security 1/24 15. Dawn E. Accounting 1/26 16. Pauline J. EVS 1/28 17. Eva T. Accounting 1/28

#### Staff January Anniversaries

1. Brenda J.	Nursing	1/11	<b>30 yrs.</b>
2. Alexander H.	Dietary	1/12	21 yrs.
3. Marylyn Z.	Dietary	1/03	<b>20</b> yrs.
4. Diana G.	Other Admin.	1/23	17 yrs.
5. Katelin B.	Nursing	1/27	9 yrs.
6. Shantell C.	Nursing	1/3	7 yrs.
7. Rosemary A.	Nursing	1/3	7yrs.
8. Shelia K.	Nursing	1/17	6 yrs.
9. Mamie B.	EVS	1/8	5 yrs.
10. Shanel G	Nursing	1/12	4 yrs.
11. Brittany E.	Nursing	1/31	2 yrs.
12. Carrie H.	Nursing	1/10	2 yrs.
13. Edward W.	Administrator	1/23	2 yrs.
14. Hyein K.	<b>Dietary</b>	1/07	1 yr.
15. Jahasia H.	EVS	1/16	1 yr.
16. Paige O.	<b>Education</b>	1/16	1 yr.
17. Josephine A.	Nursing	1/22	1 yr.

#### <u>Board Members</u> Patricia Scott-Badeker

Wendell G. Baxter

Jacob Bennett

John P. Correri, Jr.

Shobita DuBois

Carol Lienhard

Rodney Swam

Cathy Vincenti

Andrew Verre

Andrew Young

Kimberly Zavrotny
<u>Administrator</u>
Ed Walter

### **Department Directors**

Activities Jocelyn Silver, ADC

<u>Director of Admissions</u> Nancy Bennett

Dietary Darrick DeBoard Sr. CDM, CFPP

# Environmental Services And Laundry Theresa Gebhardt

Facility Operations
Robert Watson

Human Resources Diana George

**Medical Director** 

H.S. Sim

Nursing Cassie Evering, RN

Director of Business
Operations
Keith Streett

Risk Management Renata Truant, RN

> <u>Social Work</u> Diane Bruso.

Volunteers / Public <u>Relations</u> Janet McDonald

### **Volunteer News**



#### Don Osmon honored as Harford Counties Living Treasure.







We are grateful to Don for choosing CCRC to continue his life of volunteer service doing good for our residents. Don has selflessly been making a difference in people's lives for decades. Don was honored with the much deserved, Harford's Living Treasure award in December. Congratulations Don and Thank you for all that you do here At Citizens.

Special Note from the Volunteer Coordinator: Happy New Year to all of our wonderful volunteers, I look forward to 2025 with all of you!

**Thank you to...** Young at Heart for your December 2024 donation to our residents bingo games, Marilee Moore and members of St. Matthew's for the jewelry donations to the gift shop, Theresa G. and Mamie B. for gift shop donations, Sharon Ey for assisting activities staff with wrapping Christmas gifts and Betty Walter for sorting and organizing jewelry for the gift shop.

#### Volunteer Opportunities

- 1. Telephone Assurance Program (T.A.P.) Program operates 7 days a week. We are seeking a volunteer for several days during the week to make calls from the volunteer office. You will be checking on the individuals in the program. Training is provided. One hour per day starting at 9am.
- 2. Volunteers needed on Thursday evenings starting at 6:00 pm to assist the activities staff with resident bingo.
- 3. Other volunteer opportunities are available: You can pick up a volunteer application packet at the security desk. Hours and Days are flexible.
- COVID vaccination card and background check is required to become a volunteer at Citizens Care and Rehabilitation Center.

Volunteer Reminders: Always knock on doors and ask to enter residents rooms. Don't forget good handwashing always when hands are visibly soiled and hand sanitizer going in and out of each residents room.

All pets must have a completed and up to date Maryland Visiting Health Certificate of Examination. They are available at the Security desk.



### Staff News, Achievements & Recognitions

#### Christmas Door Decorating Contest

We had many staff members who joined in the door decorating contest. The following list are our winners and honorable mention: Honorable mention goes to Human Resources, with "You've Been Elfed" and Activities with "We Are Nuts About Our Residents". 3rd Place went to the Nursing Administration with the "Operation Santa". 2nd Place went to the Rehab Therapy Gym with their "Ginger Bread House" and 1st. Place went to Harborview with Hope's beautiful "Polar Express Train" No doubt about it, she really "Believes".











2nd. Place

3rd. Place

Hon. Mention

Hon. Mention

















Good Job everyone! Thank you all who participated in our door decorating contest. Your effort helped make the Christmas Spirit for our residents!



#### Our Staff Have Many Hidden Talents

Denise R. a nurse for CCRC is an up and coming fashion designer. She recently had a photo shoot. She knits or crochets her beautiful designs. Seen to the right: is the lovely Zemirah a very photogenic Aide on HV modeling a beautifully created cape.

Congratulation Denise!



# Welcome January,



# It's time for a fresh start!

# January Weather

#### Word Search

Find the words listed. Words may appear forward, backward, up, down or diagonal. Words may overlap and cross each other. When you have found a word, be sure to circle it and cross it off the list.

BLUSTERY

CHILLY

COLD

FIREPLACE

FLURRIES

FOG

FREEZING

FROST

HAIL

HIBERNATE

ICY

MITTENS

NOR'EASTER

OVERCAST

PARKA

POLAR VORTEX

SCARF

SLEET

SLUSH

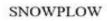
SNOW

SNOWDRIFT

SNOWFLAKE

SNOWMAN

THERMOMETERAKRAP ZMTRMROTSRE EMPERATUR R RQXMт GNZ E ERFZKD S DFYMQF NXROD MKROVAHK P Y NMEWC Т R IPMMSSQT C GHOBT A NВ Т В ZMQNREGK DZZRB C Н Р Υ



SUBZERO

TEMPERATURE

THERMOMETER



MHJDMRFLCOLDOXCKX

WINDY

WINTER COAT

WINTER STORM



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#### Karen's Korner January 2025



Dear Residents and Staff of CCRC,

We had a dark spell here last month, but we appear to be on the upswing now and "HOLY COW" it's "2025"!!! Who would have thought we'd reach this year in our history!

There are but a few holidays in January of 2025. The 1st is New Years Day. The 2nd is the last day of Hannukah. In January many people make New Year's resolutions, regarding how they feel. They might change in the next

year. This is truly personal preference some people do and others do not seem so inclined to do so. A few people keep there resolutions. Others have good intentions and start strong until the novelty wears off and then others ignore them all together.

On the 20th is Martin Luther King Jr. Day. I remember the very day that Dr. King was assassinated. I was a senior in high school and had my tonsils removed. There were riots in Baltimore but not in Towson where I was. They quarantined the hospital, so I never even knew that my friends had come to see me in the hospital. Yes, there were riots in Baltimore but none in Towson where I was. Martin Luther King was an admirable man for what he attempted to achieve and we are still working on it little by little. I hope you had a great Christmas and I wish you a very Happy New Year. See you next month.

#### Karen

#### Welcome,

Nicole and Luka our newest Pets on Wheels visitors. Luka is a Golden Retriever that will come to steal your heart on January 16th at 10:00 am.



## Healthcare Academy

Don't forget Staff to work on your In-Services. This is very important that we get these done as quickly as possible.

The better we do on our survey the better we will do on our Pay for Performance reimbursement!

#### Movie Line Up for January



#### **January**

3rd 6:30 pm, GET ON UP, THE JAMES BROWN STORY

4th 4:00 pm, DEVOTION, True story about Navy fighter pilots, who helped turn the tide in the most brutal battle in the Korean War.

5th 4:00 pm, FINDING FAITH, GOD IS WITH YOU WHEREVER YOU GO.

6th 6:30 pm, BESSIE, A raw gutsy performance about a blues singer in the 1920's.

7th 6:30 pm, A DOG DUBBED ARTHUR THE KING, this true story celebrates the human and animal spirit.

8th 6:30 pm ELVIS, This epic drama explores the life and music of Elvis Presley. In the CR

10th 6:30 pm, CAFÉ' SOCIETY, Set in the 1930's this story follows the life of Bronx born Bobby Dorfman to Hollywood where he gets swept into HIGH SOCIETY.

11th 4:00 pm GONE WITH THE WIND, PART 1, Period romance. War Epic, Family Saga

12th 4:00 pm, GONE WITH THE WIND, PART 2, Finish the tale of Rhett and Scarlett

13th 6:30 pm, DUNE, A brave young man finds himself traveling to a strange new world to save his family and people.

14th 6:30 pm, THE SECRET LIFE OF BEES, Sometimes you must leave home to find it.

15th 6:30 pm, ANNAPOLIS, 50,000 apply each year and only 1,200 are accepted but only the best survive. Shown in the CR

17th 6:30 pm, REBECCA, An Alfred Hitchcock triller. Romance becomes psychodrama.

18th 4:00 pm, ROBINHOOD, starring Kevin Costner, The prince of thieves is back.

19th 4:00 pm, CYRANO, a musical, bursting with energy color and life.

20th 6:30 pm, MY OLD LADY, A witty and heartfelt drama about surprising inheritance and unexpected connections.

21st 6:30 pm, DADDY DAY CAMP, One of the funniest family comedies you will see this year.

22nd 6:30 pm, BEST IN SHOW, A dog lovers film for sure. Enjoy this comedy. In the CR

24th 6:30 pm, CREED, Your legacy is more than your name. A Boxing film with Sylvester Stallone as the trainer this time.

25th 4:00 pm, DRAFT DAY, A great film for sports fans. All about the NFL Draft.

26th 4:00 pm, RELATIVE STRANGER, It's never to late to find your way home.

27th 6:30 pm, THE FATHER, A man tries to refuse all help from his daughter as he ages. He tries to make sense of his changing circumstances he begins to doubt his loved ones.

28th 6:30 pm DOG, A filthy animal unfit for human company and a D O G.

29th 6:30 pm FINDING YOUR FEET, When a married woman of 40 years discovers that her husband is having an affair she flies to London to live with her sister. The two could not be more different. Everyone deserves a second D A N C  $\pm$ .

31st. 6:30 pm OPPENHEIMER, The creator of the Atom Bomb

#### **February**

1st. 4:00 pm The Errand Boy, starring Jerry Lewis. Comedy all the way!



### More Citizens Care Center Staff News

We said Good Bye to an awesome member of the Citizens Staff family! After 44 years of caring for our residents we say farewell to one of the best Aides that Citizens has ever had! Happy Retirement Janice you will be missed. Don't forget you said you would come back and see us and maybe even volunteer! We look forward to hearing about your new adventures as a retired lady. Thank you for your 44 years of fantastic service









Happy Retirement Janice Adams









Tidewater Residents playing Christmas Jenga, they had a ball!









Thank you volunteer Jocey and Dwight J. for making this moment of joy happen for our residents. We can't ask for anymore than that!

### What Happened In December?



#### Pizza Luncheon Fundraiser

Thank you to everyone who participated in our pizza fundraiser. It was a big success grossing more than \$480.00 dollars to help towards the Resident Council's Christmas gift fund. This activity for the residents on Christmas Eve is really a moral booster for our residents and staff who get to pass them out and then help them open them up and oooh and aaah over each gift.



Along with Pizza, Janet was selling Christmas Gifts and we had an in-service too! Thanks Ed for helping us raise the money that we needed to provide all those gifts.

# Residents enjoying the gifts they received from Resident Council and Family!

Thank you to all that made
Christmas dreams come true!

accent**Care.** 

Look at the Smiles of pure joy on the residents faces.



New Years Eve was celebrated a bit differently with four parties this year rather than one large one. But that didn't stop the residents from having a great time. Thank you Darrick and Christi for making sure we had all the food we needed to celebrate in style. Thank you Activity Staff for decorating and bringing the parties all together. Thank you to nursing staff on each unit for helping to make it all happen.





#### Citizens and Harford County Services

#### **Telephone Assurance Program**

(T.A.P.) is a free service provided by Citizens Care and Rehabilitation Center and a volunteer who makes the daily person to person telephone calls to individuals who live alone or have medical problems but wish to remain at home. A volunteer with T.A.P. checks on the well-being of the participant daily. T.A.P. operates seven days a week, 9:00 am-11:00 am. All information received by T.A.P. is kept confidential. If interested in this free service in

Harford County contact Janet McDonald at 410-942-2112

#### Who is your Ombudsman???

The Harford County Ombudsman comes to Citizens when help is needed. She helps' work out any problems that you may have that you have told some one about but the problem is on going. If you need to get in touch with her, her name is <u>Sharon Miller</u> and she can be reached at the Office on Aging at 410-638-3025.

# Citizens Care and Rehabilitation Center





is on Facebook!

# Happy 10 yr. Anniversary Dawn E.



#### **Notice**

We wish to reaffirm our policy that all persons regardless of race, color, religion, sex, national origin, disability, age, genetics, marital status or sexual orientation are considered for employment or admission to

**Citizens Care and Rehabilitation Center.** 

#### Silly January Jokes

- 1. How do Mountains stay warm in the winter? Snow Caps!
- 2. What do you call a penguin in the Sahara desert? Lost!
  - 3. What Bites but doesn't have teeth? The Cold
- 4. What do you get when you mix a Snowman and a Vampire? Frostbite!