

Citizens Care
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Chit Chat

Volume 68— Issue August 2024

The Beach

Come to the Beach
Where the Sea is Blue
And little white waves
Come running to you

A wave comes splashing
Over your toes
You just stand there
And away it goes.

We'll build a castle
Down by the sea
And look for shells
If you'll come with me.





Happy Birthday, August Residents



1. Marion H.	8/21
2. Roy H.	8/9
3. Nancy I.	8/11
4. Mildred M.	8/12
5. Kathy S.	8/12
6. Beverly S.	8/14
7. Kenneth S.	8/16
8. Holly T.	8/22
9. George Ann W.	8/27

Staff August Birthdays

1. Nancy A.	Nursing	8/8
2. Hope D.	Nursing	8/14
3. Stephanie F.	Nursing	8/16
4. Sharon W.	Nursing	8/17
5. Nelson A.	Dietary	8/17
6. Frank L.	Dietary	8/18
7. Ronnika H.	Nursing	8/20
8. Tika S.	Nursing	8/21
9. Stephanie J.	Nursing	8/24
10. Benedicta O.	Nursing	8/24
11. Dwight J.	Activities	8/25
12. Cierra R	Nursing	8/26
13. Renata T.	Quality Assurance	8/29
14. Brooke H.	Nursing	8/31

Staff August Anniversaries

1. Janice A.	Nursing	8/18	44 yrs.
2. Jocelyn S.	Activities	8/5	39 yrs.
3. Janel B.	EVS	8/14	29 yrs.
4. Tika S.	Nursing	8/23	20 yrs.
5. Jin L.	Nursing	8/20	16 yrs.
6. Siny B.	Nursing	8/11	14 yrs.
7. Nancy A.	Nursing	8/25	10 yrs.
8. Nehelia B.	EVS	8/3	9 yrs.
9. Wanda L.	Nursing	8/12	9 yrs.
10. Darrick (DJ) D.	Other Admin.	8/12	9 yrs.
11. Ronnika H.	Nursing	8/23	7 yrs.
12. April B.	Nursing	8/15	6 yrs.
13. Jamie J.	Nursing	8/28	5 yrs.
14. Dwight J.	Activities	8/28	5 yrs.
15. Nelson A.	Dietary	8/24	2 yrs.
16. Christiana K.	Nursing	8/29	1 yr.
17. Markelene J.	Nursing	8/15	1 yr.
18. Rita S.	Dietary	8/29	1 yr.

Board Members

Patricia Scott-Badeker

Wendell G. Baxter

Jacob Bennett

John P. Correrri, Jr.

Shobita DuBois

Carol Lienhard

Rodney Swam

Cathy Vincenti

Andrew Young

Kimberly Zavrotny

Administrator

Ed Walter

Department

Directors

Activities

Jocelyn Silver, ADC

Director of Admissions

Nancy Bennett

Dietary

Darrick DeBoard Sr.
CDM, CFPP

Environmental Services

And Laundry

Theresa Gebhardt

Facility Operations

Robert Watson

Human Resources

Diana George

Medical Director

H.S. Sim

Nursing

Cassie Evering, RN

Director of Business

Operations

Keith Streett

Risk Management

Renata Truant, RN

Social Work

Diane Bruso,

Volunteers / Public

Relations

Janet McDonald



*“How can we expect our children to know and experience the joy of giving unless we teach them that the greater pleasure in life lies in the art of giving rather than receiving.”
Become a Volunteer.*

By: James C. Penney

Thank You To...

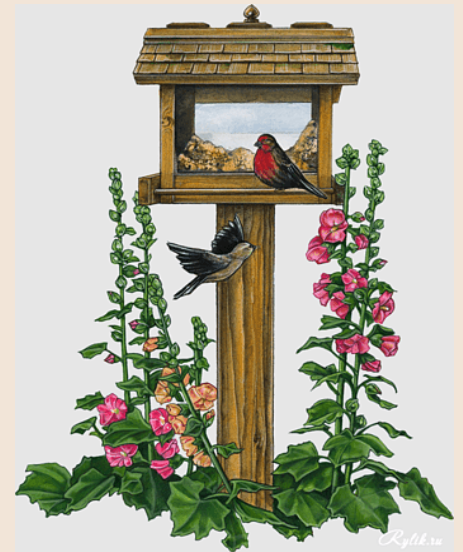
... Young At Heart for your continued monetary donations for bingo the month of July.

On behalf of our residents. Thank you to members of Soroptimist International of Havre de Grace. Several members have donated bags of birdseed for our resident birdfeeders.

Our Residents so enjoy birdwatching at the feeders. Anyone wishing to donate birdseed may drop off at the main entrance to the attention of Janet McDonald. All donations are appreciated.

*Thank you to Diane B. for Gift Shop donations.
Thank you to Susan H. for the donation of stuffed animals from her 2 granddaughters Anne and Camille.*

Speedy Recovery to our TAP volunteer Jimmy Lindsey.



Volunteer Opportunity

There are numerous volunteer opportunities available in our facility. Escorts are needed for the Rolling and Strolling (this activity should start up again at the end of Sept), Special Events and Gourmet Galley just to name a few. Please call Janet McDonald at 410-942-2112 for more information on how you can become a CCRC Volunteer.

Telephone Assurance Program

(T.A.P.) is a free service provided by Citizens Care and Rehabilitation Center and a volunteer who makes the daily person to person telephone calls to individuals who live alone or have medical problems but wish to remain at home. A volunteer with T.A.P. checks on the well-being of the participant daily. T.A.P. operates seven days a week, 9:00 am-11:00 am. All information received by T.A.P. is kept confidential. If interested in this free service in Harford County contact Janet McDonald at 410-942-2112

Attention all Interested Parties

CITIZENS PROUDLY OFFERS A CERTIFIED NURSING ASSISTANT COURSE AT THE END OF SEPTEMBER!

Do you want to better yourself by doing a rewarding job? If you or someone you know has patience, compassion for the elderly and a willing spirit to help others. Please, It takes a very special person to do the work of a Nursing Assistant. Geriatric Nursing Assistants are in high demand. Once you finish this class you will be qualified to sit for your GNA certification. The class is paid for by Citizens and a salary of minimum wage is paid to the students while enrolled in the course. There will be a total of 3 instructors, all helping you to succeed. If this opportunity sounds interesting to you please contact Diana George, Human Resource Manager to see if you qualify, at 410-942-2102 for further details. Or <https://www.citizenscarecenter.com/index.php/careers/>

Birthday Party and Independence Day Celebration



Resident's of this two for one Celebration had their choice of eating outside or inside depending if you were a warm weather person or not. We had 6 brave souls that chose to be outside and everybody else stayed inside to enjoy the party. Darrick our Dietary Supervisor could be found over the hot grill in the courtyard. Thank

Welcome New Employees in July to Citizens

Please take a moment out of your day to say Hello to these ladies who have chosen to make Citizens their career choice. Pictured from left to right: Pauline EVS, Marlene GNA, Sarah LPN, Maria Hospitality, Phalicia GNA and Marlene NSG Admin. Assistant



Welcome!
TO THE TEAM!

Butterfly Happiness

Happiness is like a Butterfly. The more you chase it, the more it will elude you. But if you turn your attention to other things, it comes softly and sits on your shoulder.



August Word Search

F	H	X	L	I	J	K	B	E	I	R	A
R	U	I	P	O	P	S	I	C	L	E	S
E	E	N	N	L	O	M	K	J	K	L	U
A	N	E	K	M	X	U	I	H	T	A	M
D	A	C	Y	T	Q	P	N	S	R	X	M
I	T	R	S	T	A	V	G	N	A	M	E
N	I	C	E	C	R	E	A	M	V	L	R
G	X	A	S	T	Y	E	B	J	E	A	H
L	E	M	O	N	A	D	E	H	L	Y	W
W	F	R	I	E	N	D	S	R	M	P	Z
S	N	O	W	C	O	N	E	P	O	O	L
N	M	X	O	R	L	P	U	H	J	K	G

BIKING

POOL

READING

FRIENDS

POPSICLES

SNOW CONE

RELAX

TRAVEL

SUMMER

ICE CREAM

LEMONADE

FUN



Karen's Korner August 2024



This month I am going to tell you about how Gourmet Galley was here at CCRC over the years.

Years ago, before COVID and the State regulations, we all went downstairs to participate in the making of the recipes for our lunch. Jocie or Pam goes shopping for the ingredients we need that the kitchen doesn't

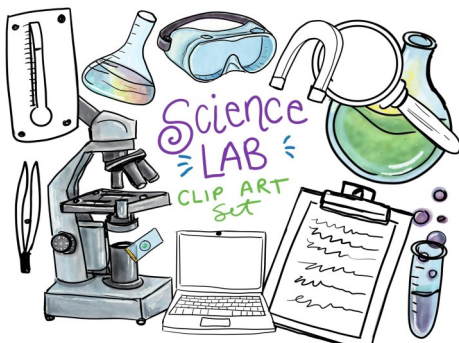
have on hand.

We would split up into four separate tables, each one making a different dish. There was a table for the entrée, another for soup, another for the vegetable and one for dessert. When the dishes were all completed, lunch was served to all those who participated in the preparation of the meal.

While how we do Gourmet Galley now is certainly enjoyable as well it is nothing like the satisfaction we felt preparing our own meal and then enjoying it together. Our last meal was delicious as many of you remember we had BLT's, Corn on the Cob that was Yummy, and Strawberry Short Cake made with Bisquick biscuits, just like we used to make at home. I look forward to being able to go back to the way it was when we all were able to help with the preparation.

That's all for this month, see you in August.

Karen



Come and tryout the science experiments Activities has in store for you. You will be amazed as you pull actual iron from your breakfast cereal with a magnet. Also lets blow up some Ivory Soap in the microwave.

When we are done with those two experiments and if we have time we will do a third. That one is going to be left for a surprise. So come and join us you might just learn something. Tuesday on Aug. 20th 2:30 pm

Movie Line Up for August



August Movies (all movies can be viewed on channel 64 or 66 depending on your TV)

2nd 6:30 pm—TRIP TO BOUNTIFUL, Mrs. Watts escapes her son's home to travel back to Bountiful her hometown.

3rd 4:00 pm—A LIFE OF MUSIC, The Von Trapp Family, memories before and after the Sound of Music

4th 4:00 pm— UNANSWERED PRAYERS, A perfect life till his dream came true.

5th 6:30 pm— UP, An animation about a grumpy old man and a boy that won't give up.

6th 6:30 pm—THE VOW, a perfect movie for anyone who has ever been in love.

7th 6:30 pm—JOYFUL NOISE, an inspirational movie of hope and love. **THIS MOVIE IS IN THE CR.**

9th 6:30 pm— HELP I'VE SHRUNK THE FAMILY, a fun adventure of enormous size.

10th 4:00 pm—TRUE GRIT, John Wayne at his best, he portrays Rooster Cogburn once again.

11th 4:00 pm—HAVE A LITTLE FAITH, a Rabbi and a pastor walk into a mans life and everything changes.

12th 6:30 pm— TREASURE HOUNDS, Jack inherits a sassy dog who can talk and knows where Grandpa hid a vast fortune

13th 6:30 pm— THE TREE AMIGOES, a comedy act being terrorized by Banditos.

14th 6:30 pm —ROBOT AND FRANK, friendship doesn't have an off switch, in the near future, Frank's two grown children decide he can no longer live alone. They are tempted to put him in a Nursing Home until his son chooses another alternative. **THIS MOVIE IS IN THE CR.**

16th 6:30 pm—RED 2, Frank reunites his unlikely team of elite operatives for a global quest to track down a missing portable nuclear device.

17th 4:00 pm— Alfred Hitchcock's first thriller REBECCA. Romance becomes psychodrama in the elegantly crafted Rebecca.

18th 4:00 pm—JOURNEY HOME, an adventure that will melt your heart.

19th 6:30 pm—ELVIS in VIVA LAS VEGAS, Elvis and Anne Margaret rock the screen.

20th 6:30 pm—TROUBLE WITH THE CURVE, a baseball scout refuses to be benched.

21st 6:30 pm—COCOON, a group of elderly friends find the fountain of youth. **THIS MOVIE IS IN THE CR**

23rd 6:30 pm—J L FAMILY RANCH, a wedding is planned until the past comes to visit.

24th 4:00 pm—THE COBBLER, a family heirloom changes the life of the cobbler.

25th 4:00 pm—A COWGIRLS STORY, Dusty and her friends form an equestrian drill team to overcome sorrow and unite the entire town for a higher cause.

26th 6:30 pm WON'T BACK DOWN, if you can't beat the system...change it.

27th 6:30 pm HAMLET AND HUTCH, Life is magical if you believe. Starring Burt Reynolds.

30th 6:30 pm JIMMY'S HALL, (Based on a true story.) Jimmy Gralton's only sin was to build a dance hall on a rural crossroads in Ireland in the year 1921.

31st 4:00 pm RAISING ARIZONA, This is a Wacky Comedy with fast paste action.



Citizens Care Center News

July was full of activities.

Balloon Volleyball was fun!



This is a really fun activity especially since we have the net up again. But you know what would make it even more fun would be if you came down and joined in the fun. We need more players so if you like being just a little bit active let us know so that we can come to escort you to the program.

Sugar Cookie Day



Sugar cookies were in abundance for both Staff and Residents on this day. Thank you to Marylyn in the kitchen. Activities even bought iced cookies from the store as a treat for the Reminiscing Program. The story about this activity is on page 9. Take a look, you may enjoy it. Look for the blue crab.



Happy Hour with Bobby B.



Friends and family alike shared

strawberry Daiquiris while Bobby Bassett



International Friendship Day



We had fun learning all about one another as we talked and

found out things we would have never known if Julie hadn't played this fun game of 20 questions with us. We learned what other residents favorite things and foods were. We found out when people were born and where they were born. It was an interesting afternoon. If you get the chance strike up a conversation with someone you don't know to learn their likes and dislikes. Who knows you just may make a new friend!



played and sang to a Full House!

Summer According to our Residents



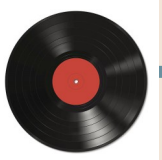
In July we had a lovely Reminiscing program sharing what the residents remember most about Summer. On one of the hottest days of the year humidity and heat were the topics of the day. However, they spoke about sunshine and how they liked to lay out tanning themselves with suntan oil or baby oil until they were crisp and golden brown. They really liked talking about the beach where they vacationed often. Here are just some of the things they remember about Ocean City Maryland. Thrasher's French Fries, fried in peanut oil, sprinkled with salt and then just the right amount of apple cider vinegar was added to create the perfect french fries. They also remembered the "Candy Kitchen" and Dolles Salt Water Taffy. Someone also said how much they enjoyed watching the Kites being flown on the beach and college kids playing volleyball. When at the beach a vacation is not complete unless the train is ridden on the board walk, or bikes are rented to ride on the boardwalk in the early morning. Some of the ladies remembered making sand castles along the shore and gathering shells as they walked along the beach. Surfing was always great fun to watch. Summer Carnivals were always looked forward to and sneaking a kiss at the top of the Ferris wheel, was the way to end the evening!

The foods of summer were not forgotten as they said that there is nothing like a fresh MD. Tomato, and when it's made into "BLT" with extra thick bacon, lettuce fresh soft white bread. Yummm. Then what would make that sandwich meal complete? Why, Silver Queen Sweet White Corn of course, a little potato salad and strawberry short cake made with "Bisquick" Biscuits. And...there you have it folks, the residents put together their own menu for Gourmet Galley on the 11th of July. Who could forget the MD crabs. Most everyone said they would rather pick their own crabs than eat a crab cake. We have some true Marylanders in our house!

Most people really enjoyed the walk down memory lane about summer but there were those that felt a little sad that they could not do these things any longer. That's ok, memories are different for everybody but, in the end I hope everyone took away the feeling of nostalgia as we reminisced about the good ole' days of Summer.



Attention All Residents!!!
You are invited to attend Resident Council.
Our next meeting will be held on Friday August 5th at 2:30 pm
in the Chesapeake Room.
Make your home a better place to live!



Celebrating National Vinyl Records Day

On August 12th at 3:00 pm there will be a vinyl record demonstration given by Brian one of our newest EVS Techs. Brian comes to us with a wealth of knowledge about music and vinyl records. You don't want to miss this presentation. See you on August 12th.





Specials you don't want to miss in August!

August

1st, 2:30 pm Ice Cream Sandwiches for all celebrating Ice Cream Sandwich Day

2nd 3:00 pm Happy Hour with Craig Johnson

6th 12:30 pm Birthday Party, celebrating Root Beer Float Day.

8th 11:30 am Gourmet Galley celebrating Choc. Chip Day

9th 2:45 pm Resident Council Meeting, directly following Catholic Mass.

12th 3:00 pm National Vinyl Record Day, Brian from EVS gives a record demonstration and

13th 2:30 pm Travel Talk and Songs with Laura Numsen

14th 11:00 am The Silver Reader Van comes to exchange your Library books.

15th 12:30 pm Sub Day, as promised Subs from Benjamin's.

16th 3:00 pm The Poker Guy, Carl Lapinski. Come down and play poker and slots.

20th 2:30 pm Senior Science, Come iron from your breakfast cereal w/ a magnet

21st 6:30 pm The Movie COCOON and fresh watermelon for Senior Citizens Day

22nd 11:30 am Gourmet Galley with a Peach Dessert, celebrating Peach Pie Day

23rd 3:00 pm Happy Hour with Greg Moxey

27th 2:30 pm Drum Circle with Susan Trionfo

Citizens Care and Rehabilitation Center is on Facebook!



Notice

We wish to reaffirm our policy that all persons regardless of race, color, religion, sex, national origin, disability, age, genetics, marital status or sexual orientation are considered for employment or admission to Citizens Care and Rehabilitation Center.

Silly Beach Jokes

1. What do you call a Labrador Retriever in August?
2. Why did the banana wear sunscreen at the beach?
3. How can you tell the ocean is friendly?
4. Who keeps the ocean clean?

1. A Hot Dog, 2. It didn't want to peel, 3. It Waves, 4. The Mer-Maids

The Chit Chat Staff

Editor, Jocelyn Silver, Director of Activities

Additional Support, Janet McDonald and Nancy Bennett

