

Citizens Care Address:
415 Market
St.
Havre de Grace, MD
21078
Phone:
410-939-5500
Fax#-
410-939-3471

*Points of interest in
this issue:*

- Front page ...
good news for
staff
- Birthdays and
other special
dates pg. 2
- Sonny Says and
Resident
Council News
pg. 3
- Fall Article pg. 4
- Staff News Pg. 5
- Jokes & HdG
Facts , Pg. 6
- Movie List
Pg. 7
- Gas Card
- Giveaway pg. 8
- Volunteer News
pg. 9
- Back cover news
and voting Info.
page 10

Chit Chat

Volume 48— Issue October 2022

Good News for Staff and New Recruits!

Know a compassionate caregiver?



Citizens is Now Hiring Nurses (RN, LPN)
and Geriatric Assistants (GNA).

Refer-a-Friend and We'll Pay You \$5,000*

For more than 50 years, Citizens Care has been committed to providing every resident with love, respect, and the best personal care possible. If you know a compassionate, and reliable professional with a desire to make a difference,

we want to hear from you!

*Call Diana George 410-942-2102 *conditions apply.*

\$50 Summer gas card give away given out randomly each week to two lucky winners who have worked in the prior week. Winner photos page 4.

On July 22nd we had Sub sandwiches made by “Herbs on the Curb” and “Pat’s Pizzeria”. This was also funded by our newly acquired Grant. You can expect more specials as time goes on.

We thank you for choosing Citizens. Without the dedicated staff that we have we would not be able to deliver the quality care that we are known for.

A smile is contagious...be a carrier!

Happy Birthday Residents



1. *Chris B.* 10/12
2. *Peggy K.* 10/18
3. *Clara C.* 10/20
4. *Susan F.* 10/21

Staff Birthdays

- | | | |
|-------------------------|----------------|-------------------|
| 1. <i>Patricia M.</i> | <i>Oct. 2</i> | <i>Dietary</i> |
| 2. <i>Ramona A.</i> | <i>Oct. 10</i> | <i>Nursing</i> |
| 3. <i>Taylor R.</i> | <i>Oct. 15</i> | <i>Nursing</i> |
| 4. <i>Allen B.</i> | <i>Oct. 17</i> | <i>Dietary</i> |
| 5. <i>Dahlia C.</i> | <i>Oct. 19</i> | <i>Nursing</i> |
| 6. <i>Marylyn Z.</i> | <i>Oct. 19</i> | <i>Dietary</i> |
| 7. <i>Julie J.</i> | <i>Oct. 20</i> | <i>Other Adm.</i> |
| 8. <i>Christopher L</i> | <i>Oct. 20</i> | <i>Dietary</i> |
| 9. <i>Candace G.</i> | <i>Oct. 25</i> | <i>Nursing</i> |
| 10. <i>Leslie S.</i> | <i>Oct. 29</i> | <i>Dietary</i> |
| 11. <i>Josette T.</i> | <i>Oct. 29</i> | <i>Dietary</i> |
| 12. <i>Brandy B.</i> | <i>Oct. 31</i> | <i>Nursing</i> |

Staff Anniversaries

- | | | | |
|-----------------------|-----------------|--------------|----------------|
| 1. <i>Darrick D.</i> | <i>Dietary</i> | <i>10/4</i> | <i>34 yrs.</i> |
| 2. <i>Linda W.</i> | <i>Nursing</i> | <i>10/21</i> | <i>31 yrs.</i> |
| 3. <i>Theresa G.</i> | <i>EVS</i> | <i>10/10</i> | <i>28 yrs.</i> |
| 4. <i>Kimberly M.</i> | <i>Nursing</i> | <i>10/15</i> | <i>21 yrs.</i> |
| 5. <i>Theresa M.</i> | <i>Nursing</i> | <i>10/15</i> | <i>21 yrs.</i> |
| 6. <i>Donna S.</i> | <i>Security</i> | <i>10/10</i> | <i>18 yrs.</i> |
| 7. <i>Josette T.</i> | <i>Dietary</i> | <i>10/15</i> | <i>10yrs.</i> |
| 8. <i>Dahlia C.</i> | <i>Nursing</i> | <i>10/16</i> | <i>9yrs.</i> |
| 9. <i>Candace G.</i> | <i>Nursing</i> | <i>10/12</i> | <i>6yrs.</i> |
| 10. <i>Candace B.</i> | <i>Nursing</i> | <i>10/10</i> | <i>4yrs.</i> |
| 11. <i>Brianna H.</i> | <i>Nursing</i> | <i>10/19</i> | <i>4yrs.</i> |
| 12. <i>Irene T.</i> | <i>Nursing</i> | <i>10/31</i> | <i>4yrs.</i> |

There is no such thing in anyone's life as an unimportant day.

—Alexander Woollcott

At Your Service

Board of Directors
Chairperson
T. Joyce Jordan

Members

Wendell G. Baxter
Curtis Beulah
John P. Correrri, Jr.
Bob Greene
Anna Mae Roberts

Patricia Scott-Badeker

James Welch

Kimberly Zavrotny

Administrator

Peter A. Panos

Department Directors

Activities

Jocelyn Silver, ADC

Business Operations

Cindy Quimby

Dietary

Darrick DeBoard Sr.
CDM, CFPP

Environmental Services

And Laundry

Theresa Gebhardt

Facility Operations

Joseph Jones

Human Resources

Diana George

Medical Director

H.S. Sim

Nursing

Cassie Evering, RN

Risk Management

B J Magness, RN

Social Work

Diane Brusio

Volunteer / Public

Relations

Janet McDonald



Thinking about my Youth

Lately I've been thinking about the old times of my youth. I was a "Rounder" (this is a southern term meaning "Wild Child") and I was always in a jam.

When in high school I got myself a big Desoto four door automobile and it was party time. We would pile a couple of girls in and go to the country. Once there we would back it up into the woods, get comfortable and neck. It had a great heater for cold weather, and of course we kept each other warm snuggling. I was a father's worst night mare and his daughter's dream date. My 66th high school reunion came about in September and my early days are on my mind.

Speaking of the reunion, I want to give all the staff on Harbor View a shout out for helping me get ready for the reunion. I shined like a new penny and was proud to say I was living at Citizens. I really appreciate the extra effort that was made to make me look like the "Rounder" I am.

Often when my children were teenagers I would think of my youth. Thank goodness no one was harmed or damaged. We never thought about the future, we just lived for the minute and fun. Back then jobs were everywhere. Everything was cheap and I still lived with Mom and Dad. There was still a draft so at least my short term future was fixed for me.

I had always wanted to be a Marine after high school. So after graduation I joined up and after Labor day that year headed to Paris Island. There I got the shock of my life. They didn't treat me like Mom and Dad did. First off they yelled at me and then they hit me hard and often, must not have been too hard because I survived it. But it was a shock to me. Taught me how to be a man though.

Resident Council News!

The Resident Council of Citizens met on Thursday, September 15th at 2:00 pm outside on the porch under the awning. It was a beautiful day and everyone enjoyed their time outside. Our new Chairperson Maggie brought the meeting to order at 2:30 pm. The first order of business was the "Basket of Cheer" Christmas Raffle. A letter to the families and Board of Directors is also being sent out to ask for donations. Please come to the next meeting. Everyone is welcome. Next Meeting is October 20th at 2:30 pm. Come and see what all the buzz is about.

S
O
N
N
Y

S
A
Y
S

Fall is Upon Us

By: Kathleen Wruble, Bay Lane

The beauty of Fall in all its splendor amazes the senses, as the leaves change their colors. Red, yellow, orange and brown enhance the fall season with their bright shades of Autumn.

The crisp scent of Autumn brings back fond childhood memories of how we would spend our days. We would rake a huge pile of leaves only to dive in once the pile was very high. We would emerge with leaves in our hair and the scent of Autumn on our clothing.



Another memory was picking apples. We also harvested chestnuts and pumpkins. Time was spent for hiking, camping and horse-back riding.

All too soon our season of Fall would quickly speed by followed by winter. We would look forward throughout the entire next year knowing the cool crisp days of Fall will once again return.

Finish these common sayings.

- | | |
|--|----------------|
| 1. Don't cry over _____ milk. | <i>Answers</i> |
| 2. Let sleeping _____ lie. | 10. Err |
| 3. Take what he says with a _____ of salt. | 9. better |
| 4. Great Minds think _____. | 8. broke |
| 5. A leopard can't change his _____. | 7. deserves |
| 6. Necessity is the _____ of invention. | 6. mother |
| 7. One good turn _____ another. | 5. spots |
| 8. That is the straw that _____ the camels back. | 4. alike |
| 9. Truth is _____ than fiction. | 3. grain |
| 10. To _____ is human, to forgive divine. | 2. dogs |
| | 1. Spilled |

The Chit Chat Staff Editor, Jocelyn Silver, ADC

Additional Support, Janet McDonald

Ice Cream and Snow Cones



Sixty nine (69) staff members were served ice cream from the Frosty Express truck on Friday September 9th. In recognition of the hard work and effort that goes into keeping Citizens running and providing quality care for our residents. We thank each and every one of you. Look ahead to October 14th when we enjoy cookies from the “Cookie Cooker” and frozen coffees. Yum! Also, we have Pretzels and Dips coming your way as a special treat for Halloween.



How many Sunflowers were in the September Paper?

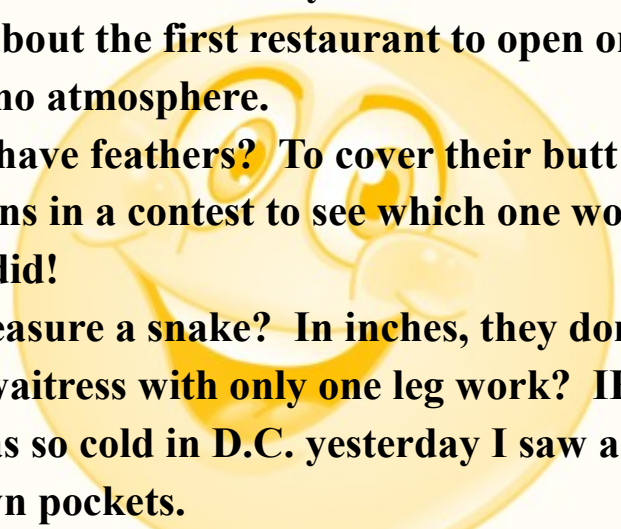
53

The following residents and staff guessed the correct number of Sunflowers. Carole P., JoAnn C., Denise Q.



Care begins with compassion.

Laughter is Good for All!

- 
1. What's the difference between a Hippo and a Zippo? One is really heavy and one is a little lighter.
 2. What do Dentists call their X-rays? Tooth Pics!
 3. Did you hear about the first restaurant to open on the moon? It had great food but no atmosphere.
 4. Why do ducks have feathers? To cover their butt quacks.
 5. I entered 10 puns in a contest to see which one would win. No pun in ten did!
 6. How do you measure a snake? In inches, they don't have feet.
 7. Where does a waitress with only one leg work? IHOP!
 8. You know it was so cold in D.C. yesterday I saw a politician with his hands in his own pockets.
 9. How many tickles does it take to make an octopus laugh? Ten tickles!
 10. Why doesn't Dracula have any friends? Well to be honest he is a real pain in the neck!

Surprising Facts About your City, Havre de Grace, MD

1. In 1789 President George Washington stayed overnight in Havre de Grace on the journey to New York City for his first inauguration.
2. Before and during the Civil War, Havre de Grace was a primary town on the Eastern Route of the Underground Railroad.
3. During the Prohibition era, Havre de Grace enjoyed the nickname "Little Chicago." Reportedly among the ne'er-do-wells who dropped by the town during that period was Al Capone..
4. Havre de Grace is home to the *Skipjack Martha Lewis*, one of the last remaining working dredge boats of the Chesapeake Bay oyster fleet.

Did you know??? The Blood of a Lobster is clear. However, when their blood is exposed to oxygen, it becomes a blue color. Now that is a cool scientific fact!

Movie Line Up for October

October

5th—Follow me to Daisy Hills, When Jo realizes that her family's general store in Daisy Hills is losing money, her father Duke calls in a favor to help. It's Jo's ex-boyfriend Blake.

6th—The story of the Horse, a documentary, 3 horses, 3 lives, one magical journey.

7th—A Beautiful Day in the Neighborhood, Tom Hanks portrays Mister Roger's perfectly. The most heartfelt and uplifting film of the year.

8th—Anne of Green Gables, With guidance and encouragement from her spirited new teacher Miss Stacey, Anne commits to her studies and earns a spot at Queen's college. What hardships will Anne and her friends have to deal with?

9th—The Butler, inspired by a true story. Cecil Gaines, the devoted husband, father and White House butler who served seven president during some of the most tumultuous and defining moments of the 20th century.

10th—Proposing Murder, A Hallmark movie and mystery.

11th—Mystic Lands, a documentary about Myanmar and Taj Mahal.

12th—SPARKLE, Whitney Houston's finest acting performance. This film is a timeless story of the bonds of family, the trials of success and the power of music.

13th—Hidden Treasures Outside of London, Take a grand tour of the old world.

14th—Paradise, Award winning writer, writes and directs this hilarious tale of Innocence lost and paradise found.

15th—Overcomer, Heartwarming, inspirational movie for the whole family.

16th—Out of Africa, based on a true story, Robert Redford and Meryl Streep play in this epic romance. It has beautiful scenery and music as well as a great true story line that will keep you spellbound for the entire film.

17th—The Peanut Butter Falcon, The sweetest darn film of the decade. A young man with Down syndrome who runs away from a nursing home to fulfill his dream of attending the pro wrestling school of his idol.

18th—Global Warming, A documentary all about global warming.

19th—Paper Moon, Addie (Tatum O'Neal) is a cigarette smoking nine year old orphan who hooks up with Moses and manages to show the master con a trick or two.

20th—Fast Food, Fast Food often gets a bad wrap for being unhealthy. But healthy choices can be made. Watch this fascinating documentary on Fast Food.

21st—Marry Me, A pop star, slated to marry her pop star fiancé on stage, instead marries a stranger from the audience. Can their unexpected love survive the limelight

22nd—A Dogs Journey, A must see for any dog lover.

23rd—A Country Wedding, The Country Superstar and the Hometown girl.

24th—Shall We Dance, Astaire and Rogers dance their way into your heart again!

25th—Puppy Pals, Puppy fun for all ages.

26th—Uncharted, The perfect adventure movie for the whole family.

27th—Renewable Fuels, A documentary about going green in our country.

28th—Blithe Spirit, A comedy about a first wife who comes back from the dead and wants to reclaim her life the way it was.

29th—The Miracle Worker, A contemporary version of Helen Keller.

30th—For One More Day, He has one last day to spend with his mother and one last chance to get it right.

31st—The Haunted Bookshop, Solving Mysteries is her cup of tea.



GAS CARD GIVEAWAY WINNERS



Week of

8/21 - 8/27/2022
8/21 - 8/27/2022

Candace Barben—Not Pictured
Angelica Rothgeb

8/28 - 9/03/2022
8/28 - 9/03/2022

Stephanie Fetter
Loren Taylor—Not Pictured



Angelica Rothgeb

9/04 - 9/10/2022
9/04 - 9/10/2022

James Hall — Not Pictured
Janel Beverly



Stephanie Fetter

9/11 - 9/17/2022
9/11 - 9/17/2022

Katelin Barben —Not Pictured
Pamela Richardson —Not Pictured

9/18 - 9/24/2022
9/18 - 9/24/2022

James Barrow — Not Pictured
Terrie Henson



Janel Beverly



Terrie Henson



Janice Scott

9/25—10/1/2022
Bonface Njorage
Not Pictured

9/25—10/1/2022
Janice Scott

Thank you staff members for all of your hard work during these trying times! This concludes our summer gas card giveaway.



Happy 103rd Birthday Gertie

A very special lady turned 103 in Sept. Who you may ask turned 103 this year? It is our own very special Gertie H. Pictured here is this beautiful lady and her Birthday goodies from her family.





Volunteer News

**“The best way to forget your own problems
Is to help someone else solve theirs”!**

Thank you to: Young at Heart Members for their monetary donations to resident bingo.

Thank you to Theresa Gebhardt, Janice Scott and Karen Wiley for gift shop donations.

Because of the donations to the Citizens Gift Shop and the Young at Heart donations we are able to keep up with the monetary bingo prizes given each week. Citizens is grateful for these friends that continue to give so freely.

Thank you : To our faithful volunteers Maggie Albano, Curtis Epps and Barbara Bryant for everything you do for our residents. Also thank you to Jim Lindsey for all you do for our community by calling the TAP participants.

Pet Visitations Reminders :

All pets must be registered with a Maryland Visiting Pet Program Certificate of Examination and signed by a Veterinarian.

These forms are available at the Riverwalk Security desk or the Volunteer Office. Once filled out and signed they must be filed with the Dir. of Volunteer Services, Janet McDonald. A copy will be placed in the binder at the security desk.

All pets must be maintained on a leash or in a carrier and only visit the resident you are visiting. Owners are responsible for cleaning up any messes the pet creates. Any questions or concerns you may contact Janet McDonald at 410-942-2112. As always the facility continues to encourage pet visit with your loved ones.

Volunteer Opportunities

Volunteers are needed to assist the activity department staff with resident bingo, pokeno and other programs.

2:30 pm. Volunteers must be registered and must complete a background check and meet all COVID 19 protocols. Orientation is provided.

Gift Shop Attendant: Days and Hours are flexible to meet your schedule. For more information or questions about opportunities, volunteer services or COVID 19 protocols contact Janet McDonald at 410-939-2112.



Did you know: You are the only person on this earth who can use your abilities and talents! Don't waste them.

Voting at Citizens

The November election is fast approaching. If you didn't vote in the Primary, are a permanent resident of Citizens and would like to vote in the November election please contact someone in Activities. To receive an absentee ballot your permanent address must be Citizens. Don't let your chance to do your civic duty pass you by in November. If you voted in the primary you don't need to do anything. A ballot will be sent to you automatically.



Harford County Library, is coming back Wednesday, October 12th. All books will be picked up the day before.



Telephone Assurance Program (T.A.P.) is a free service provided by Citizens Care and Rehabilitation

Center and a volunteer who makes the daily person to person telephone calls to individuals who live alone or have medical problems but wish to remain at home. A volunteer with T.A.P. checks on the well-being of the participant daily. T.A.P. operates seven days a week, 9:00 am-11:00 am. All information received by T.A.P. is kept confidential. If interested in this free service in Harford County contact Janet McDonald at 410-942-2112.

Citizens Care and Rehabilitation Center is on Facebook!



Notice

We wish to reaffirm our policy that all persons regardless of race, color, religion, sex, national origin, disability, age, genetics, marital status or sexual orientation are considered for employment or admission to Citizens Care and Rehabilitation Center.