



Citizens'

# Chit-Chat



Volume 44—Issue March 2022

## March

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*"With rushing winds and gloomy skies,  
the dark and stubborn Winter dies;  
far off, unseen, Spring faintly cries,  
Bidding her earliest child arise; March!"*  
~ Bayard Taylor



Irene celebrated 95 in February! Students from Harford Christian School brought signs and gifts as they stood outside the window to visit with and sing to her.

### At Your Service

#### **Board of Directors**

**Chairperson**  
T. Joyce Jordan

#### **Members**

Wendell G. Baxter  
Curtis Beulah  
John P. Correr, Jr.  
Bob Greene  
Anna Mae Roberts  
Patricia Scott-Badeker  
James Welch  
Kimberly Zavrotny

#### **Administrator**

Peter A. Panos, NHA

#### **Department Directors**

##### **Activities**

Jocelyn Silver, ADC

##### **Business Operations**

Cindy Quimby

##### **Dietary**

Darrick DeBoard, Sr.  
CDM, CFPP

##### **Environmental Services**

##### **& Laundry**

Theresa Gebhardt

##### **Facilities Operations**

Joseph Jones

##### **Human Resources**

Diana George

##### **Medical Director**

H. S. Sim

##### **Nursing**

Cassie Eving, RN

##### **Risk Management**

BJ Magness, RN

##### **Social Work**

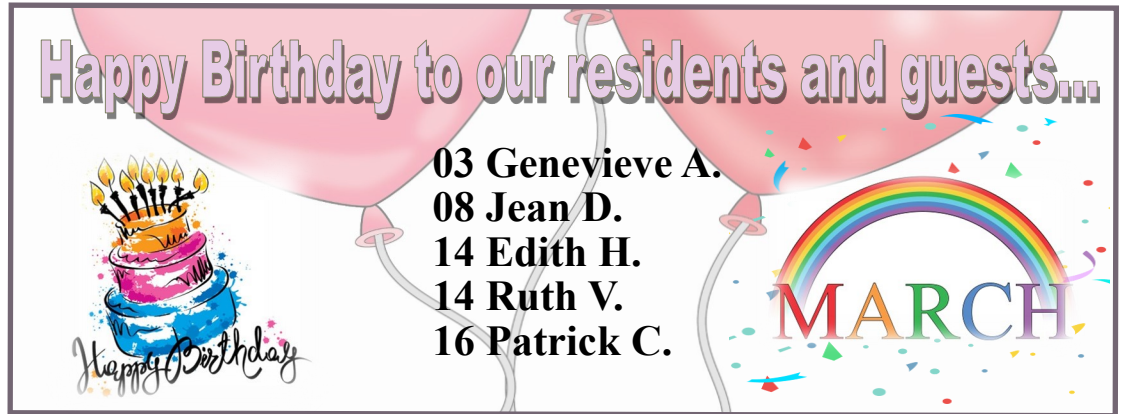
Diane Bruso

##### **Volunteer**

##### **Services/Public**

##### **Relations**

Janet McDonald



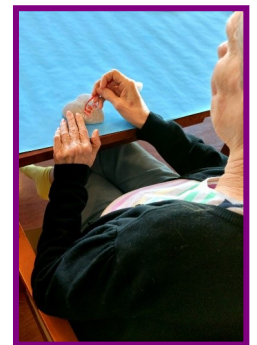
## Employee Birthdays & Anniversaries

- 04 Irene V. (Nursing)
- 06 Shaleigh B. (Nursing)
- 06 Anna H. (Nursing)
- 08 Peter O. (Nursing)
- 13 Diana G. (Admin.)
- 14 Richard A. (Nursing)
- 14 David H. (Admin.)
- 17 April B. (Nursing)
- 18 Bonnie K. (Nursing)
- 18 Denise R. (Nursing)
- 18 Linda W. (Nursing)
- 18 Tina W. (Nursing)
- 19 Kriska B. (Nursing)
- 22 Sheree J. (Accounting)
- 25 Beatrice J. (Nursing)
- 27 Frances F. (Nursing)
- 29 Nancy A. (Nursing)
- 29 Geraldine N. (Soc. Serv.)
- 31 Myrna H. (EVS)

- Denise Q. (Med. Records)...30 yrs.
- Janice S. (Nursing).....30 yrs.
- Orzic H. (Nursing).....18 yrs.
- Arlene H. (Nursing).....14 yrs.
- Joann C. (EVS).....9 yrs.
- Julie J. (Admin).....8 yrs.
- Joseph J. (Maintenance).....3 yrs.
- Geraldine N. (Soc. Services).3 yrs.



Thank you to Marnie and Charlie Walter for their donation of Valentine's Day gifts for the residents!



*Tidewater residents got busy painting*



*Valentine's Day rocks of love.*

# THANK YOU

... to Diane Bruso, Diana George, Mary McGill-Smith, and Cindy Quimby for Guild gift shop donations.

... to Wes Kaylor for gift shop donations of articles of clothing and to Joe Jones for donation of canisters.

...to the members of Young at Heart at Havre de Grace Senior Center for the monetary donation for our resident bingo.

## VOLUNTEER OPPORTUNITY

Volunteers are needed to assist the activity department staff with resident bingo. Bingo currently is being held at 3:00pm in the Chesapeake room on scheduled days.

Volunteers must be registered and must complete a background check and meet all covid protocols. Orientation is provided.

Gift Shop Attendant: Days & Hours are flexible to meet your schedule.

*For more information about these opportunities or for questions about volunteer services or Covid protocols, contact Janet McDonald @410-942-2112.*

**Telephone Assurance Program (T.A.P.)** is a free service provided by Citizens Care & Rehabilitation Center and a group of volunteers who make the daily person-to-person telephone calls to individuals who live alone or have medical problems but wish to remain at home. Volunteers with T.A.P. check on the well-being of the participant daily. T.A.P. operates seven days a week, 9am-11am. "A phone call a day to make sure you are ok." All information received by T.A.P. is kept confidential. If interested in this free service in Harford County contact Janet McDonald at 410-942-2112.

A big thank you to Jason Andrews, first grade student at Meadowvale Elementary School, for choosing Citizens and the residents here for his capstone community service. After school and on the weekends, Jason completed the Patriot Program package that included answering questions about Patriotism. He identified our current leadership on a Federal and State level and answered questions about his thoughts on being an American Citizen. In addition, a community service project was required as a capstone of the program. Jason put together Valentine baggies that were distributed to the residents.



**Attention All Staff Members:** Since the cafeteria has closed, many of us have had to become creative for our lunches. So in a spirit of sharing, if you have a recipe you have made and think your co-workers would enjoy it please bring a copy to the Activity Office or send it directly to [Brenna\\_Grieco@citizenscarecenter.com](mailto:Brenna_Grieco@citizenscarecenter.com). Thank you!



### Sausage Tortellini Soup Recipe

*This recipe was offered by Julie Janney, Admissions. She says "It's the best soup ever!"*  
This soup recipe is wonderful on a cold day with crusty French rolls and butter.

- 1 lb. of Hot Italian Sausage (can use regular sausage for a less hot soup)
- 32oz. Chicken Broth
- 2- 14 oz. cans of diced tomatoes
- 1- 10oz. can Rotel (optional)
- 1-8oz. Block of Cream Cheese
- 1-16oz. Bag of Tri Color Tortellini
- 1- Bag frozen chopped spinach

#### Directions

1. Brown the sausage and drain the fat off. Add to the sausage the broth, diced tomatoes and Rotel. Bring to a boil and then back off the heat to a simmer and let simmer for 1 hour.
2. In one hour of cooking time add cream cheese cut into quarters. Stir until melted. Simmer another hour.
3. Add Tortellini and Spinach at the same time, cook until done.
4. Serve and Enjoy!

## Sonny Says.....

As a kid I was blessed with a mom who loved pets, and she taught me to care for them. I had all sorts— cats, dogs, mice, etc. etc. When I reached 11 I became really caring for them and they became an important part of my life.

My dog got his rear leg snagged with a fish hook. He was a great dog. He remained still while my dad cut the barbed end off and we backed the rest of it out of his leg. His name was Blackie. He was not a loud mouth and we could let him run loose. He had a regular route that he traveled. Our neighbors would tell us about his visits. He was a regular at the firehouse, as the fireman fed him.

When I got to be 16 I got busy and forgot about my Blackie. My parents found a home for him and he went on to make a new family happy. I shall look forward to the Rainbow Bridge and seeing my beloved Blackie again. *(See next page)*

~ Sonny S.,  
Harbor View



## Rainbow Bridge

*“Just this side of heaven is a place called Rainbow Bridge. When an animal dies that has been especially close to someone here, that pet goes to Rainbow Bridge. There are meadows and hills for all of our special friends so they can run and play together. There is plenty of food, water and sunshine, and our friends are warm and comfortable.*

*All the animals who had been ill and old are restored to health and vigor. Those who were hurt or maimed are made whole and strong again, just as we remember them in our dreams of days and times gone by. The animals are happy and content, except for one small thing; they each miss someone very special to them, who had to be left behind.*

*They all run and play together, but the day comes when one suddenly stops and looks into the distance. His bright eyes are intent. His eager body quivers. Suddenly he begins to run from the group, flying over the green grass, his legs carrying him faster and faster.*

*You have been spotted, and when you and your special friend finally meet, you cling together in joyous reunion, never to be parted again. The happy kisses rain upon your face; your hands again caress the beloved head, and you look once more into the trusting eyes of your pet, so long gone from your life but never absent from your heart.*

*Then you cross Rainbow Bridge together....”*



Staff received a sweet treat for Valentine's Day when Keyes Creamery donated a variety of flavors of ice cream in appreciation of everyone's hard work.



Citizens practically floated away on Valentine's Day! Every resident was given a balloon and gifts donated by others in the community.



Thank you to all those who purchased Valentine's balloons to support the residents through the Activity Department!!



**The Chit-Chat Staff**  
**Brenna Grieco, Editor**

**Additional Support**  
**Jocelyn Silver Janet McDonald**  
**Darrick DeBoard Jr.**

***Notice***  
 We wish to reaffirm our policy that all persons, regardless of race, color, religion, sex, national origin, disability, age, genetics, marital status or sexual orientation are considered for employment or admission to Citizens Care & Rehabilitation Center.